# **PRECISION SPORTS MEDICINE & CHIROPRACTIC**

Date/				Dr.	Christophe	r Matock D.C	C., C.C.S.P. Dr. Sergio	Perry D.C.
			PATIE	NT INFORM	/IATION			
LAST NAME		FIRST		MIDDLE		WHAT DO	YOU PREFER TO BE C	ALLED
HOME ADDRESS					CITY		STATE	ZIP CODE
CELL PHONE		HOME PHO	ONE			SOC. SEC N	NO.	GENDER:
								M / F
EMAIL ADDRESS				DRIVERS	LICENSE		REFERRED BY:	
	PLEASE	PROVIDE YO	UR INSURAN	 ICE CARD(S)	TO THE FRO	NT DESK		
				NCE INFOR				
COMPANY NAME		ADDRESS		CITY	STATE	ZIP CODE	PHONE NO.	
INSURED'S NAME	GROUP	VO.	POLICY NO	D.	SOC SEC.	NO	RELATION:	
	!	SEC	ONDARY IN	SURANCE	INFORMAT	TION		
COMPANY NAME		ADDRESS		CITY	STATE	ZIP CODE	PHONE NO.	
INSURED'S NAME	GROUP	NO.	POLICY NO	D.	SOC SEC.	NO	RELATION: ( ) SELF ( ) SPOUSE	
			I IN THE EVEI	NT OF AN	 EMERGENC	Υ		
WHO SHOULD WE CO	NTACT		RELATION		CELL PHC		WORK PHONE	
			ACCOU	NT INFORI	MATION		1	
PERSON ULTIMATELY	RESPONSIBI	E FOR ACC	OUNT	( ) SELF	RELATION ( ) SPOUS		PHONE	
BILLING ADDRESS (	) CHECK IF	SAME AS HO	OME ADDRES	SS STATE	ZIP CODE		DRIVERS LIC.	
							( ) SAME AS ABOVE	
I understand the above and understand that it i		_			•	•	•	dge
I authorize payment of r I authorize release of an						rided.		
Patient's or Responsik	ole Party's si	 gnature			_	Date		_
FULL	PAYMENT IS	DUE AT TI	ME OF SER	VICE. WE	ACCEPT CAS	SH. CHECK OI	R CREDIT CARDS	

# **PRECISION SPORTS MEDICINE & CHIROPRACTIC**

Date	/_		/ Dr. Christopher Matock D.C., C.C.S.P. Dr. Sergio Perry D.C.
			INSURANCE POLICY
			e as a courtesy only. You are ultimately responsible for your account. If your insurance does
			5 days payment in full is immediatley due and expected by you. Please be aware some and
			e services provided may be considered " non covered services" and /or not reasonable and
	-		your insurance plan. You will need to contact your insurance provider to find out if the
service a	are co	ver	
		_	INITIALS:
1 A /l. a		_	WORKERS COMPENSATION
		-	nsation pays in full for chiropractic care. Patient must report the injury to their employer within
•			curance. Patient must have prior authorization from your employers Workers Compensation
			eginning care. If the claim is denied as a Workers Compenation injury the patient will be
responsi	ible to	r p	ayment.
			INITIALS:
<u> </u>	<del></del>		MEDICARE
	•		ays for spinal manipulation ONLY. All other servcies are DISALLOWED. We are a NON-PAR
provider	r. Pay	me	ent will be sent directly to the patient.
<u> </u>			INITIALS:
			you, we will submit your charges to your insurance company(ies) and/ or your attorney;
for payn receive. is immed	ment o . If you ediately	of t u si y d	rices rendered by this office are charged directly to you, and, ultimately, you are responsible hese charges regardless of any insurance reimbursement or settlement you may or may not uspend or terminate your care at any time, your portion of all charges for professional services ue and payable to this office. If your bill remains unpaid beyond 60 days of conclusion of care f care you will begin accruing interest at 1% per month.
			INITIALS:
			CANCELLATION POLICY
			thout 24 business hours notice, or a "no-show" constitue a missed appointment (MA). Patients sponsibilty for any reason they cannot make their appointment
Cancella	ation r	ทน	st be made during our regular business hours. Monday appointments must be cancelled by the
previous	s Frida	зу.	It is impreative to be on time to obtain the full benefit of treatment. Late arrivals may receive
an abbre	eviate	d s	ervice. A MA minimum \$25.00
			INITIALS:
Signatur	re		Date

PRECISION SPORTS MEDICINE CHIROPRACTIC
Date/ Dr. Christopher Matock D.C., C.C.S.P. Dr. Sergio Perry D.C.
INFORMED CONSENT
I hereby request and consent to the performance of chiropractic manipulation(s) and other chiropractic procedures, including examination tests and various physical therapy techniques on me (or the patient named above, for whom I am legally responsible) by Dr. Christopher Matock D.C., C.C.S.P., Dr. Sergio Perry D.C. and/or other licensed Doctors of Chiropractic who now or in the future treat me while employed by, working or associated with or serve as back-up for Dr. Christopher Matock D.C., C.C.S.P. and/or Dr. Sergio Perry D.C.
Dr. Matock and Dr. Perry prefer to perform soft tissue therapy (STT) and/or GRASTON Technique (GT) prior to manipulation because it assures a smoother, less forceful, more effective manipulation. STT/GT are extremely safe and non-invasive procedures which relieve muscle spasm, increase range of motion, releases painful adhesions due to the build up of scar tissue, and re-educates faulty movement patterns established by injury. Manipulation increases range of motion of joint structures and is effective in relieving musculoskeletal, non-surgical back pain.
I understand and am informed that, as in practice of medicine, in the practice of chiropractic there are some risks to treatment including, but not limited to, fracture, disc injury, strokes, dislocation, sprains, muscle strains Horner's syndrome, cervical myelopathy and rarely death. Risks associated with STT/GT include, but are not limited to, soreness, bruising, and release of pre-existing blood clots or embolisms. I do not expect the doctor to be able to anticipate and explain all risks and complications and I which to rely on the doctors to exercise judgement during the course of the procedure which the doctor feels at the time, based on the facts then known, is in my best interest.
I have had the opportunity to discuss with the doctor(s) the nature and purpose of chiropractic adjustments, soft tissue therapy, GRASTON Technique, and other procedures. I have been told I can expect the above mentioned benefits from the proposed procedure(s), but that no results can be guaranteed or assured. I also understand that the condition for which this procedure(s) is being done may not be cured or significantly improved, and in rare cases, may even become worse.
I have read, or have had read to me the above consent. I have also had an opportunity to ask questions about its content and by signing below I agree to the above named procedure(s). I intend this consent form to cover the entire course of treatment for my present condition and for any other future condition(s) for which I seek treatment.
GRASTON TECHNIQUE INFOMRED CONSENT
Grasont Technique is a unique, evidence-based form of instrument-assisted soft tissue mobilization that enables clinicians to effectively and efficiently address soft tissue lesions and fascial restrictions resulting in improved patient outcomes.
GT uses specially-designed stainless steel instruments with unique treatment edges and angles to deliver an effective means of manual therapy. The use of GT instruments, when combined with appropriate therapeutic exercise, leads to the restoration of pain-free movement and function.
The Graston Technique protocol has several basic components. Your clinician will determine the protocol best for you.
All components of Graston Technique have been explained to me. I understand the risks of the procedure and I give my full consent for treatment.

Signature

Print Name

Date

# **PRECISION SPORTS MEDICINE & CHIROPRACTIC**

GRASTION TECHNIQUE INFORMED CONSENT  Grasont Technique is a unique, evidence-based form of instrument-assisted soft tissue mobilization that enables clinicians to effectively and efficiently address soft tissue lesions and fascial restrictions resulting in improved patient outcomes.  GT uses specially-designed stainless steel instruments with unique treatment edges and angles to deliver an effective means of manual therapy. The use of GT instruments, when combined with appropriate therapeutic exercise, leads to the restoration of pain-free movement and function.  GRASTON TECHNIQUE QUESTIONNAIRE  Please answer the following questions.  1) Do you bruise easily?  Yes  No  2) Do you bleed for a long gime after you cut yourself?  Yes  No  3) Are you taking blood thinners or anticoagulants?  Yes  No  4) Do you take asprin on a regular basis  Yes  No  5) Do you take cortisone on a regular basis?  Yes  No  6) Have you ever had inflamed veins or blood clots?  Yes  No  7) Do you have surgical implants in your body?  Yes  No	Date	.e/_	/_	Dr. Christopher Matock	k D.C., C.C.S.P.	Dr. Sergio Perry D.C.
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5) Do you take cortisone on a regular basis?  Yes No  Have you ever had inflamed veins or blood clots?  Yes No	-	-	_	-		
6) Have you ever had inflamed veins or blood clots? Yes No		-	-			
7) Do you have surgical implants in your body? Yes No		·-				
		•				
8) Do you have diabetes or kidney disease? Yes No						
9 ) Do you currently have any infections? Yes No		-				
10) Do you have uncontrolled high blood pressure?  Yes  No	10)	Do you h	ave ur	ncontrolled high blood pressure? Yes No		
GRASTON TECHNIQUE PROTOCOL						
The Graston Technique protocol has several basic components. Your clinician will determine the protocol				·	etermine the pr	otocol
that is best for you.	that	t is best fo	r you.			
1) Warm up of the treatment area	1)	Warm uŗ	၁ of the	e treatment area		
2) Graston Technique Treatment	2)	Graston <sup>-</sup>	Techni	ique Treatment		
3) High repetition, low load exercise	3)	High rep	etition	, low load exercise		
4) One to three 30-second stretches	4)	One to th	ree 30	0-second stretches		
5) Low repetition, high weight exercises		Low repe	etition,	, high weight exercises		
6) Ice therapy		Ice thera	ру			
7) Stretching/rehabilitation exercises	7)	Stretchin	ıg/reha	abilitation exercises		
All components of Graston Technique have been explained to me. I understand the risk of the procedure and I have my full consent for treatment.		•		·	risk of the proce	edure and
Print Name Date	Drir	at Name			 Date	
Print Name	Pini	il Name			Date	
Signature Mar-1	Ciar					Mar-17

### PRECISION SPORTS MEDICINE CHIROPRACTIC

Date\_\_\_\_\_/\_\_\_\_\_ Dr. Christopher Matock D.C., C.C.S.P. Dr. Sergio Perry D.C.

### **HEALTH CARE PROVIDER-PATIENT ARBITRATION AGREEMENT**

#### ARTICLE I: AGREEMENT TO ARBITRATE

It is understood that any dispute as to medical malpractice, as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

#### ARTICLE II: ALL CLAIMS MUST BE ARBITRATED

It is the intention of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or services provide by the health are provider including and heirs or past, present, or future spouse(s) of the patient in relation to all claims, including loss on consortium. This agreement is also intended to bind any children of patient whether born or unborn at the time of the occurrence giving rise to any claim. All health care providers, health care associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for a loss consortium, wrongful death, emotional distress or punitive damages. Filing any action in any court by the health care provider to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim. However, following that assertion of any claim against the health care provider, any fee dispute, whether or not the subject of any existing court action, shall also be resolved by arbitration.

#### ARTICLE III: PROCEDURES AND APPLICABLE LAW

A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty (30) days and a third arbitrator (neural arbitrator) shall be selected by the arbitrators appointed by the parties within thirty (30) days thereafter. The neutral arbitrator shall then be the sold arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party to such party's own benefit.

Either party shall have the absolute right to bifurcate the issues of liability and damages upon written request to the neutral arbitrator. The parties consent to the intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that the provisions of the California Medical Injury Compensation Reform Act shall apply to disputes within this Arbitration Agreement including but not limited to sections establishing the right to introduce evidence of any amount payable as a benefit to the patient as allowed by law (Civil Code 3333.1) the limitation on recovery for non-economic losses (Civil Code 3333.2) and the right to have a judgement for future damages conformed to periodic payments (CCP 667.7). The parties further agree that the Commercial Arbitration Rules of the America Arbitration Association shall govern any arbitration conducted pursuant to this Arbitration Agreement.

#### ARTICLE IV: GENERAL PROVISIONS

All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one processing. A claim shall be waived and forever barred if (1) on the date of notice thereof is received, the claim, of assured in a civil action, would be barred by the applicable California statue of limitations, or (2) the claimant fails to pursue the arbitration conducted pursuant to this Arbitration Agreement.

### PRECISION SPORTS MEDICINE CHIROPRACTIC

ARTICLE V: REVOCATION	
This agreement may be revised by written notice delivered to the health care provi	ders within thirty (30) days of
signature and if not revoked will govern all professional services received by the particles	tient
ARTICLE VI: RETROACTIVE EFFECTIVE	
If patient intends this agreement to cover services rendered before the date it is sign treatment) patient should initial below	gned (for example, emergency
Effective as of first professional services.	Patient Initials:
If any provision of this Arbitration Agreement is held invalid or unenforceable, the r in full force and shall not be affected by the invalidity of any other provisions. I uncreceive a copy of the arbitration agreement. By my signature below, I acknowledge	derstand that I have the right to
NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF N BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR CO CONTRACT.	
Print Patient Name	Date
Signature of Patient/Legal Guardian	Relationship to Patient

Date

Doctor Signature